



PARENT WORKSHOPS

FRIDAY 20 MARCH 10-11:30

TOILET TRAINING

Primary

Strategies to support your child using the toilet.

THURSDAY 16 APRIL 10-11:00

ONLINE SAFETY

Online

How to keep children safe online, including managing risks, privacy and safe digital habits

THURSDAY 14 MAY 10:00 - 11:30

SENSORY PROCESSING

Primary Sky Classes

How sensory processing differences affect a child's daily experiences, with practical strategies to support regulation

FRIDAY 5 JUNE 10-11:30

TOILET TRAINING

Primary

Strategies to support your child using the toilet.

WEDNESDAY 24 JUNE 10 - 11:30

PCAS

Primary

Helping your child to be active at mealtimes

FRIDAY 10 JULY 10-11:30

MANAGING BEHAVIOUR IN THE COMMUNITY

Primary

Autism Support: Guidance for supporting positive behaviour while out in the community, with strategies tailored for children with autism

MONDAY 23 MARCH 10-11:30

PCAS SPOTLIGHT

TBC

Supporting choice and control using Alternative Augmentative Communication (AAC)

FRIDAY 24 APRIL 10-11:30

PUBERTY AND GROWING UP

Secondary

A workshop to help parents understand and support the physical and emotional changes that occur during puberty.

WEDNESDAY 20 MAY 10-11:30

CAMHS

Secondary

An overview of how Child and Adolescent Mental Health Services work, what support is available, and how families can access help.

FRIDAY 12 JUNE 10 - 11:30

BENEFITS AND WELFARE

Secondary

Information for families on financial support, entitlements, and planning for the move into adult

FRIDAY 10 JULY 10 - 11:30

MANAGING TRANSITIONS FOR TRAVEL

Primary

Autism Support: Practical advice to help families prepare children with autism for travelling, including routines, visual supports and reducing anxiety.

SEPTEMBER

COLLEGE TRANSITION

Secondary

A session to help families understand the transition from school to college, including pathways, support available, and how to prepare for the next stage of education.

All Welcome

